

# Mindset van de Speler



Gent, 5-12-18

**MATTHIAS DEWILDE**  
*Digitaal bewust leven .*

# Over mij

- Ervaringsdeskundige gameverslaving
- Voorstellingen “Digitaal Bewust Leven” naar ouders & jongeren
- Individuele begeleiding bij gezinnen voor scherm- & gameverslaving



# Inhoud

1. Mijn verhaal
2. Wat wordt er gespeeld?
3. Waarom gamen?



# Sociaal Leven



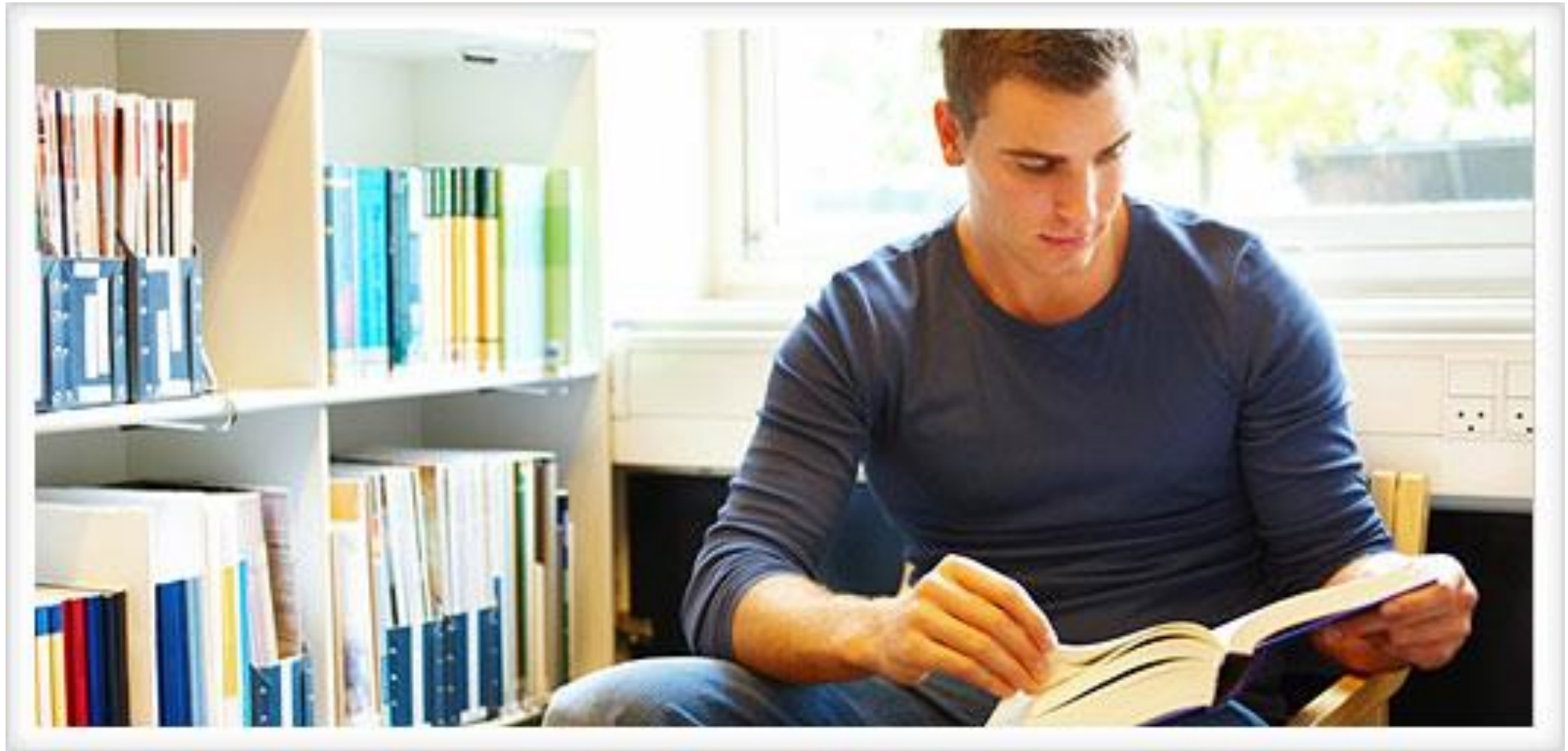
# Gezinsleven



# Relaties

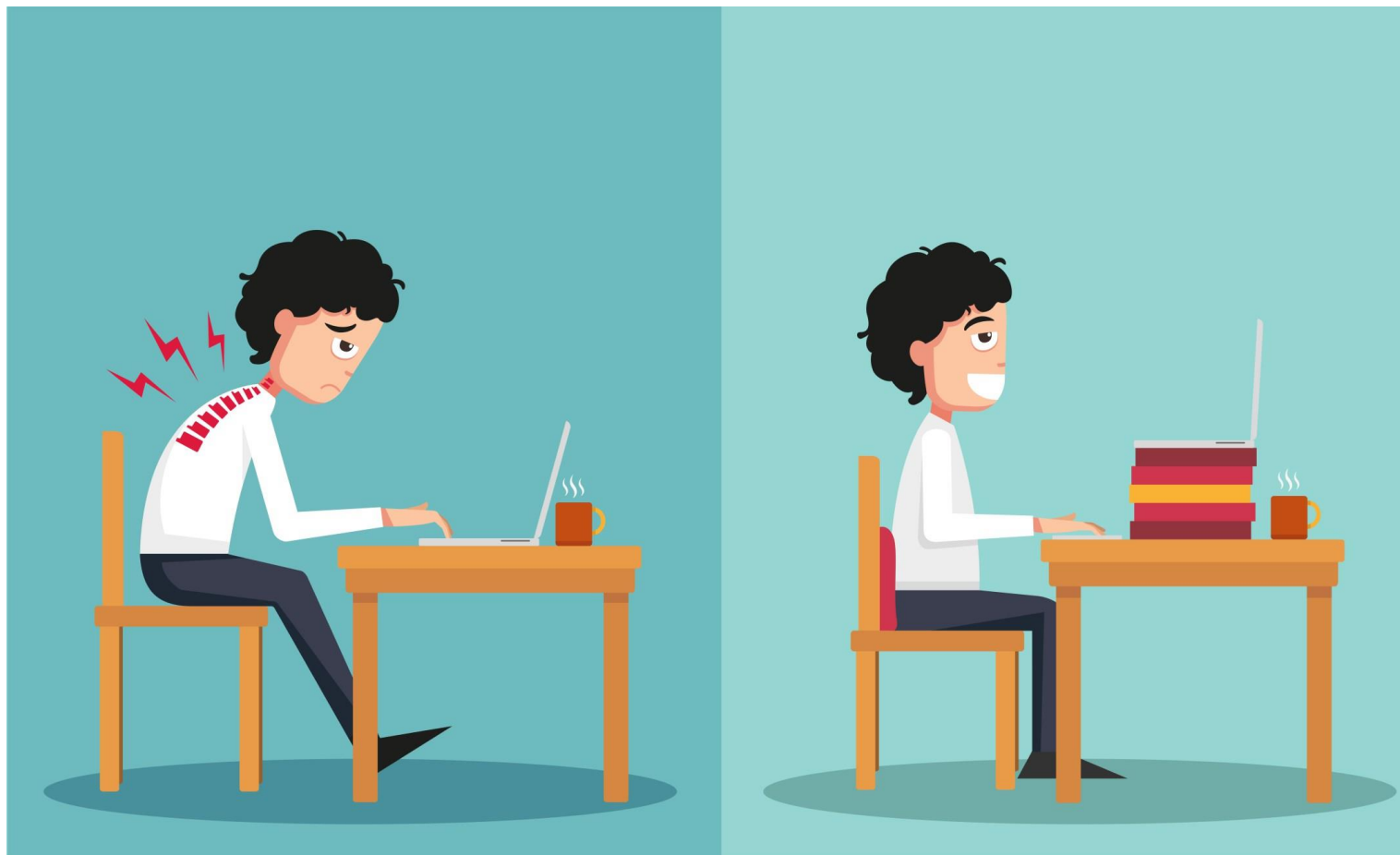


# Studies





# Gezondheid



Geluk





# Diploma

This certifies that

\_\_\_\_\_

Having successfully completed the Prescribed course  
of Instruction in

\_\_\_\_\_

As developed and taught by this school and thus having  
shown proficiency is hereby awarded the title of

\_\_\_\_\_

Given at \_\_\_\_\_ on this \_\_\_\_\_

This \_\_\_\_\_ Day of \_\_\_\_\_

\_\_\_\_\_

Signature









Argent Dawn RP

Change Realm

Dan  
Level 90 Rogue  
The Veiled Stair

Monroe  
Level 70 Hunter  
Stormwind City

Longbeard  
Level 60 Warrior  
Stormwind City

Ema  
Level 24 Mage  
Stormwind City

Honker  
Level 6 Priest  
Elwynn Forest

Crit  
Level 1 Hunter

Rob  
Level 1 Shaman

Hayden  
Level 1 Druid

Oakmonster  
Level 1 Warlock

Longbeard

Enter World



Shop

AddOns

Menu

Create New Character



Delete Character

Back









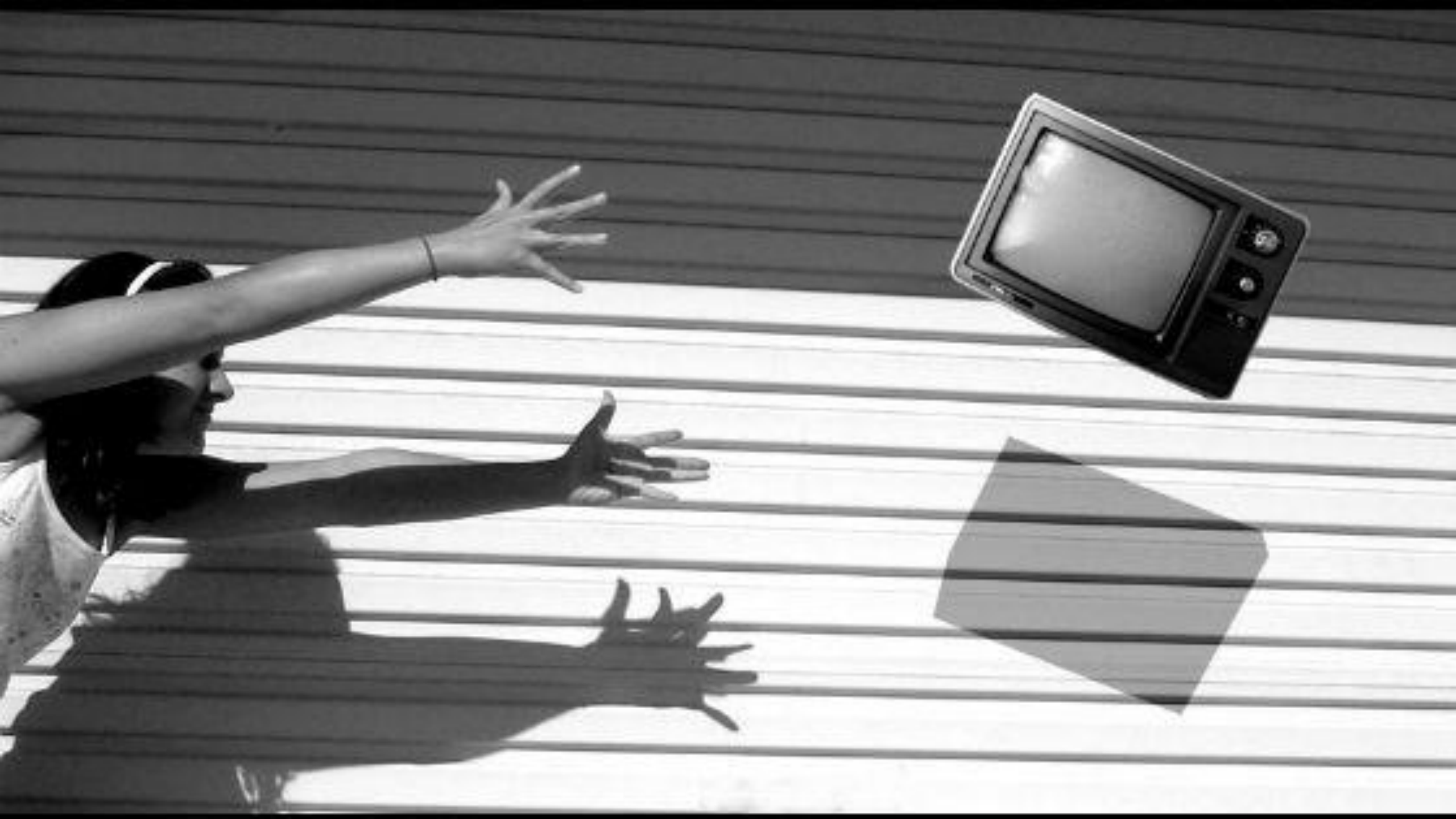
Gamers hebben heel veel potentieel

Ze hebben hulp nodig om het tot uiting te laten  
komen

























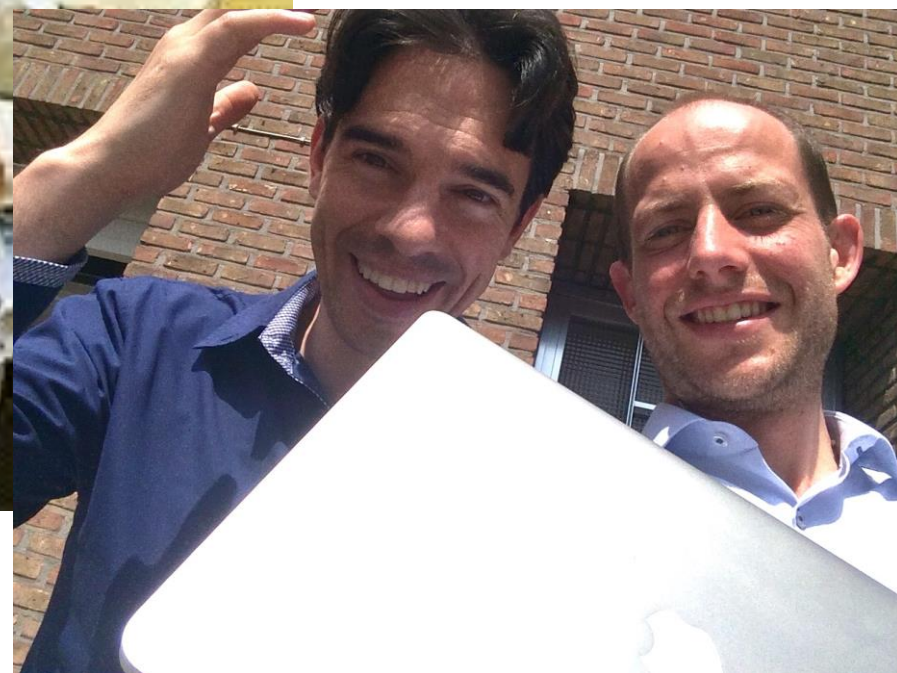
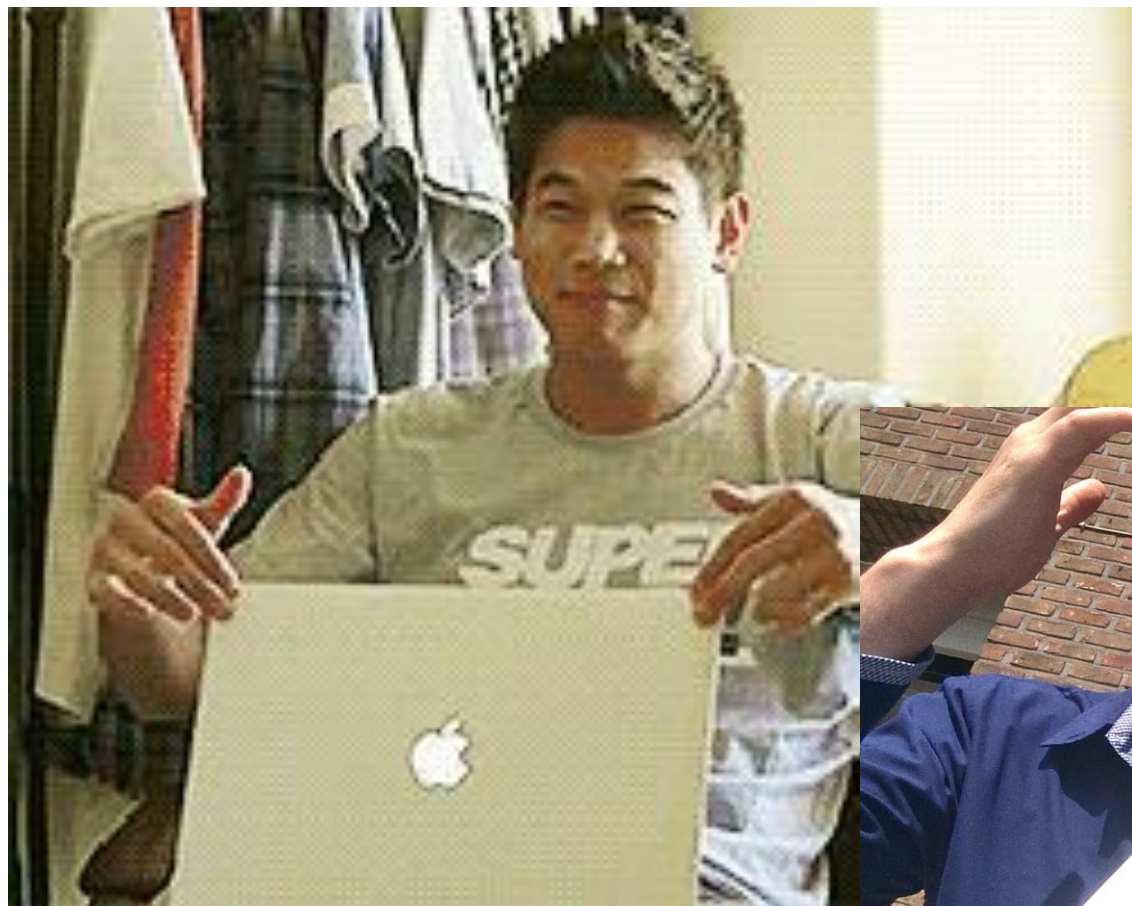






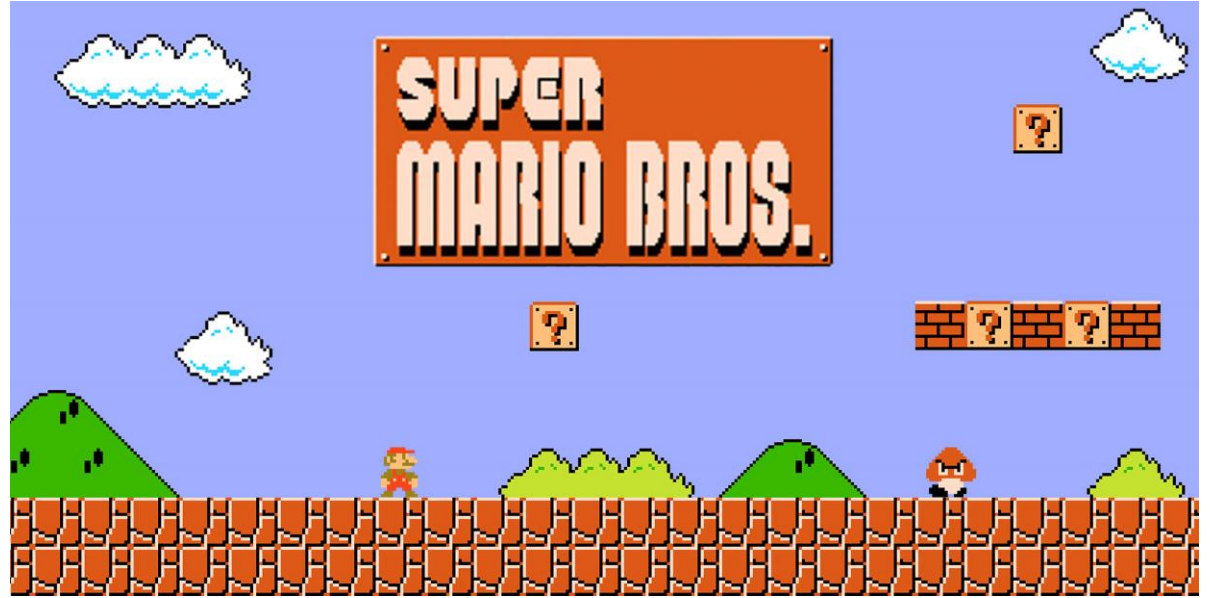
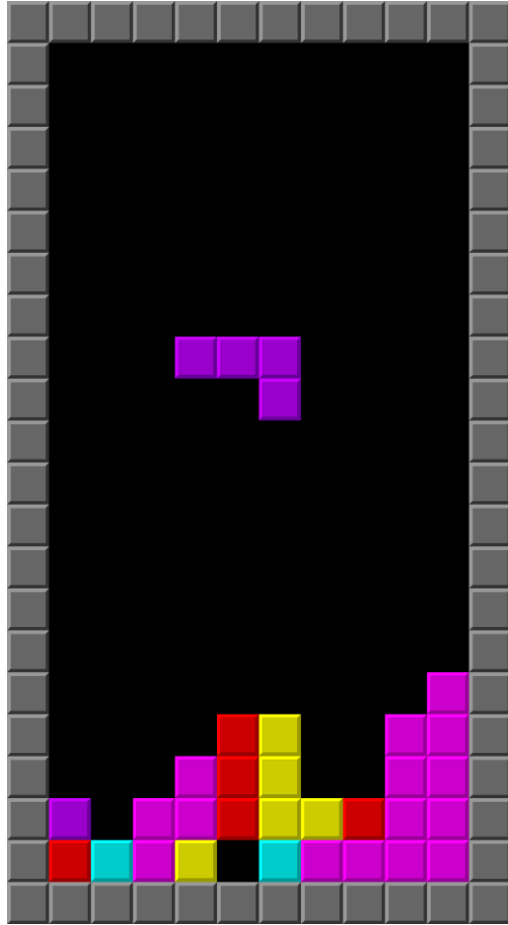








Wat wordt er gespeeld en waarom?



Spellen worden beter ontworpen en realistischer





Rangschik industrie op volgorde van grootte...

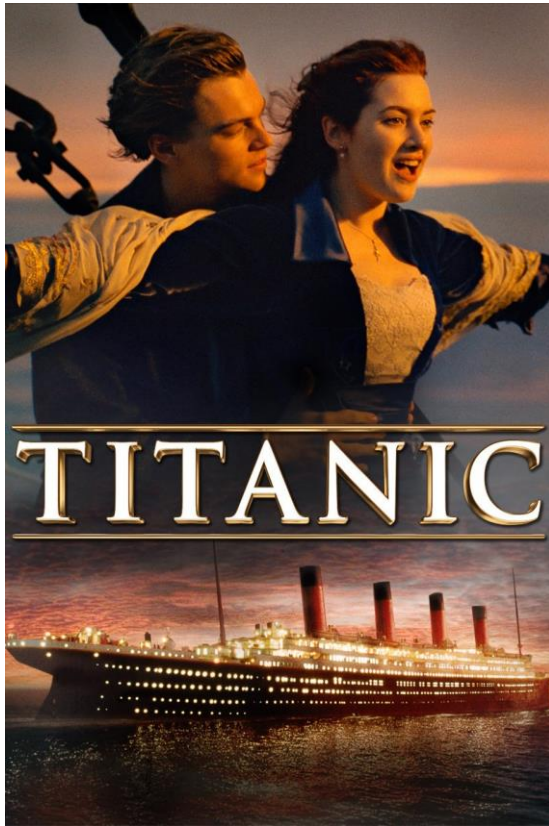
Film

Game

Muziek

Industrie in volgorde van grootte

1. Game (120 miljard EUR)
2. Film (35 miljard EUR)
3. Muziek (17 miljard EUR)



€ 1,8 miljard



€ 6 miljard



Enkele van de meest populaire spellen...



spinalfluid  
d25a9b88b1e345e4a8d7bb9f8498b08a

- RZE
- [Epic] Frost
- stuman
- spinalfluid

W | 285 | 300 | NW | 330 | 345 | N | 15 | 30 | NE | 60 | 75



1:14 4 0



stuman



[Epic] Frost

RZE

Inventory: 2 5  
 32 0 14

# Fortnite

0 100  
 + 100 100

FT F2 F3 F4 F5  
 [Q] [+] [Shield] [Pickaxe] [Grenade] [Grenade] [Grenade]  
 [Shif] [W] [R]



Fortnite

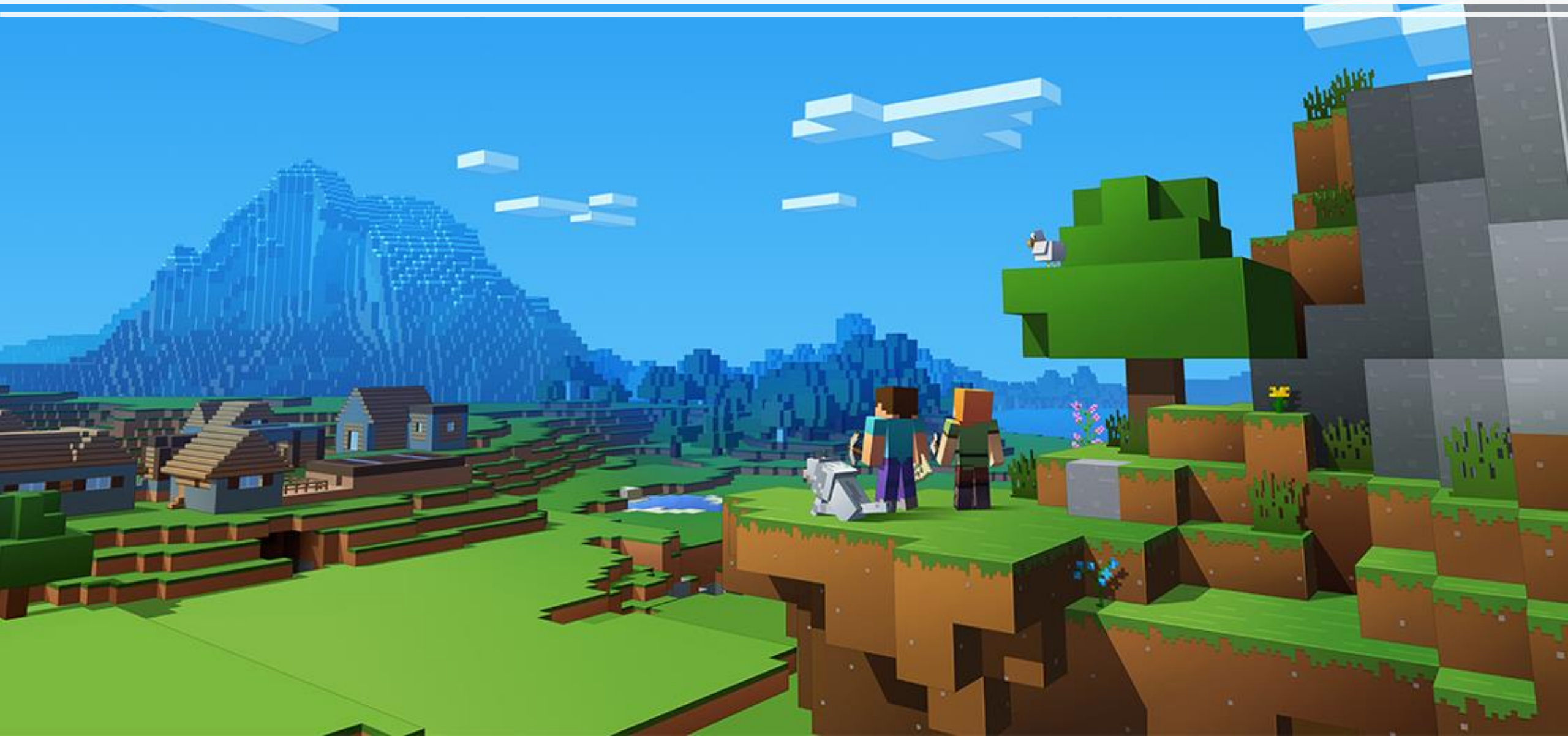




# Call of Duty



# Minecraft





15:42 CAR 1-0 SHW

M.CONNOLLY

# Fifa



CHANGE KICK TAKER



CALL 2ND KICK TAKER



CALL 3RD KICK TAKER



SWITCH TO RECEIVER

23 Yds

AME FIFA.com FOOTBALL FOR HOPE FIFA 15 ULTIMATE TEAM @EASPORTS FIFA



WHITTINGHAM 7

7 MAY





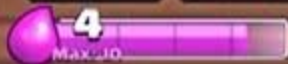
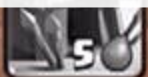
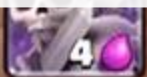
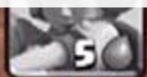
# League of Legends





# Clash Royale

Next:





Candy Crush



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- GiantWaffle  
Destiny 17k
- Danny Odwyer  
The Legend of Zelda... 13.4k
- maxart  
DARK SOULS III 4.1k

Show more

Recents

- LED  
Watching MOONMOON\_OW
- Laupsy  
Online 3
- kmo\_falco
- The Cohillation  
21,027 members 4
- The Hammer Squad  
95,299 members 24
- Overwatch Competitive  
6 members
- jeffgerstmann  
Idle

Search to add friends...



AnneMunition

Videos

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Events



#1 Pharah | maybe ill get POTG

Game: Overwatch Community: Cats Team: OW Pros...



Follow

18k

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# Streaming



ABOUT ME

I'm a 26-year-old bro...  
Southern California

ANNEMUNITION.TV



SCHEDULE

Live Tuesday - Sunday at 2pm PT  
Usually no stream on Mondays

CHECK TWITTER FOR UPDATES



CHAT RULES

Don't spam, fight with others, etc.



TWITTER

Follow @annemunition

#general

rooms 3

Welcome to the chat room!

- Pat: Oh this is sweet
- DoctorDocker: I'm in the future
- omgelsie: TUTURUUU~!
- NotMe: Chat replay!
- allenhklee: Cool, I no longer need an extension for this!
- Leela: Bender this is fry's decision
- RandallBoggz: Is this game 60fps?

Send a message



Chat



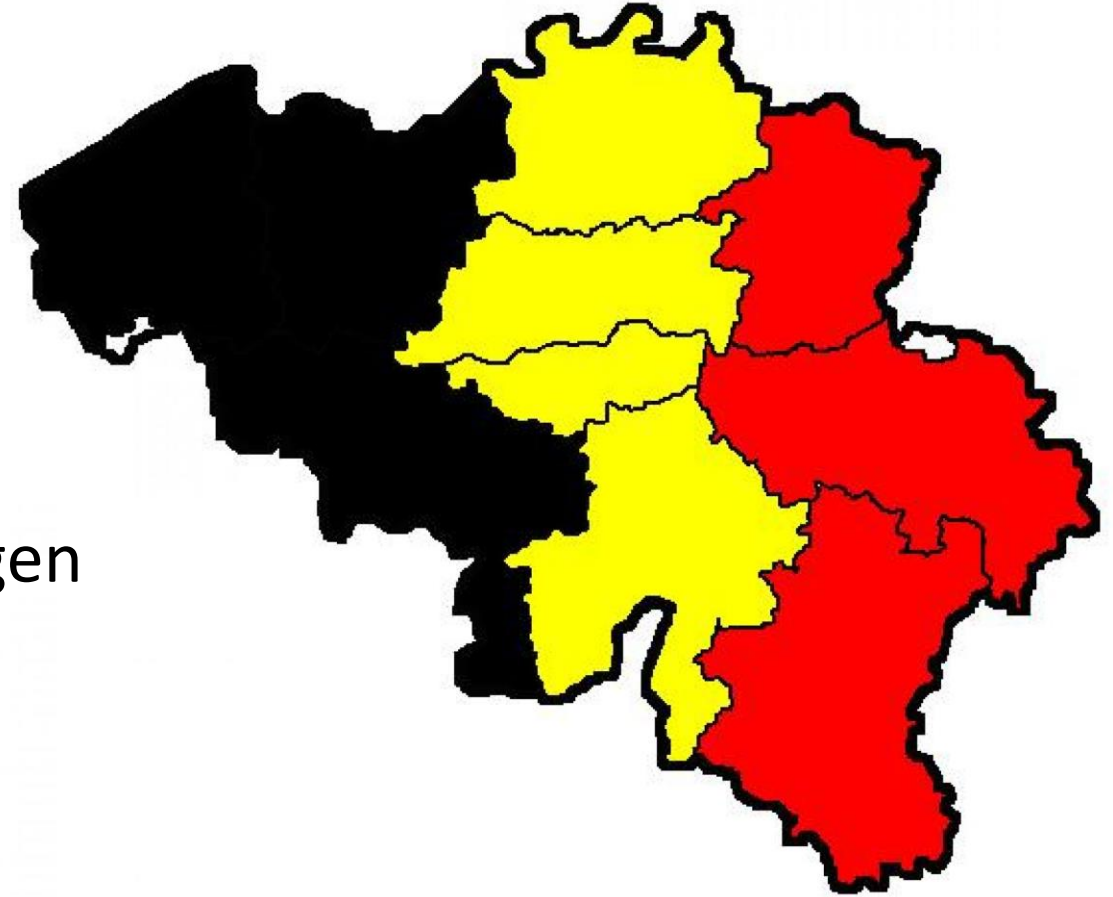
eSports



eSports

# Cijfers...

- 4,2 miljoen gamers (1x/maand)
- Gemiddeld 1u gamen op weekdays
- ... en 2u30 op vrije dagen





Waarom gamen zo leuk is

‘Held’ kunnen zijn



# Zichtbare vooruitgang & structuur



# Uitdaging



Er bij horen



# Geschikte schermtijd

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## De richtlijnen per leeftijd, een overzicht:

- tot 2 jaar: 5 minuten per dag samen tv-kijken en een paar keer per week samen surfen;
- 2 – 4 jaar: 5 à 10 minuten per keer, tot maximaal 30 minuten per dag;
- 4 – 6 jaar: 10 à 15 minuten per keer, tot maximaal 1 uur per dag;
- 6 – 8 jaar: maximaal 1 uur per dag, verdeeld over periodes van maximaal 30 minuten;
- 8 – 10 jaar: maximaal 1 à 1½ uur beeldschermtijd per dag;
- 10 – 12 jaar: maximaal 2 uur beeldschermtijd per dag;
- 12 jaar en ouder: maximaal 3 uur beeldschermtijd per dag.

















Vragen?

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